



SPECIAL HOCKEY ISSUE

AHCAHK SPIRIT BEAR MUSKWA

KAPAWE'NO FIRST NATION LIFE LONG LEARNING

APRIL 15, 2023 ISSUE

LEARN MORE ABOUT US ONLINE!



www.kfnlearning.com

Kapaweno First Nation School

Phone: 780.751.0008 | E-mail: admin@kfnschool.ca



more photos on page 9

CONGRATULATIONS!



Put your hands together for our players, coaches, managers, kokoms and nimosoms!

Kapawe'no Muskwak U11 finish off Native Hockey Alberta Provincials having fun

Edmonton, Treaty 6 Territory - Playing well in six games at the provincials was an experience of a life time for the Kapawe'no Muskwak U11.

Just nine weeks ago most of the U11 players were just tying up their skates for the first time, and to all KFN School Hockey Academy members, this was their first ever provincials and first ever games. Something that will be cherished for ever and learning from it was

the first steps of their potentially long hockey careers. Great work everyone, put your hands together for our players, coaches, managers, Kokoms, nimosoms... Nanaskomin.

Photos on page 9



**KAPAWE'NO
NEHIYAWAK
SCHOOL**

(780) 751-0008 | admin@kfnschool.ca

REGISTER TODAY FOR 2023 / 24
ACADEMICS AND ATHLETICS
A WINNING COMBINATION



Off ice hockey training has exploded to new heights

Kapawe'no First Nation - The past few months our on ice focus and attendance has been the key to advancing the Kapawe'no Nēhiyawak School Hockey Academy. Strength and conditioning has been just as important as the skating and on ice development.

We have been focusing on stick handling and shooting during the mornings from 8am to 8:30am and now our dedicated off ice training is alternating with days of the on ice hockey training.

You will find Mr Brian Thomas in the gym putting various aged players through basic techniques of stick handling, drag and shooting.

As a former Olympian he understands importance of focusing on detail and training. He offers some tips he's picked up watching videos of Edmonton Oilers Connor McDavid who has worked hard the last numbers of years to perfect his shot and explosive skating.



Staff and student sharing circles are conducted during the mornings during the week.

SHARING CIRCLES

Our Kihiw feather is used for guidance balance, truth and solutions through our

Nēhiyawak way of life

For details please discuss with our Nēhiyawak Keepers

Call KFN School at 780.751.0008 or email admin@kfnschool.ca

Students play a series of floor hockey games to sharpen their individual and team skills away from the rink

Kapawé'no First Nation – For the past three months at Kapawé'no Nehiyawak Kiskinahamatowikamik, solid focus has been given on fundamental development within the hockey academy.

Today players within the academy focused on off-ice development. The players made up a number of teams and had an intense series of games throughout the afternoons to keep the development going along with keeping the sport they love fun.



Edmonton, Treaty 6 territory - Kapawé'no Muskwak U9 continue to battle hard and have a lot of fun doing it. It's amazing how our U9's have come together and battle hard every game. Although no one is keeping score on the board, development 101 ranks highly up there with all our players. Way to go Muskwak U9!

Check out the next U9 Muskwak action;
 Saturday vs Stoney Jr Tomhawks 11:30am
 Clareview Arena 3804 139 Ave



SCAN THE CODE
 TO WATCH THE VIDEO
 ON FACEBOOK

Excitement on day three at the Native Hockey Alberta Provincials

Edmonton, Treaty 6 territory - On day three, Saturday April 9, 2023 at the Native Hockey Alberta Provincials, all three of our Kapawe'no Muskwak were in action.

Kapawe'no Muskwak U9 finished off strong and was presented with their medals and a banner for their great work. A lot of smiles as there was great strides toward excellence and having fun.

Kapawe'no Muskwak U11 won their game 6-4 against Saddle Lake Warriors, extending their playing time one more day.

"We played hard, it was back and forth action, we seem to just click good today", said coach Cory Cardinal Jr.

Kapawe'no Muskwak U13 fell short in their effort to extend another day. Battling hard



against Frog Lake finishing Saturday on the other end of a 5-2 action packed game.

A lot of growth and fun combined for a really great experience for all our teams. Next action for the Kapawe'no Muskwak U11 is Sunday, 8:15am vs Sunchild at Callingwood arena - 17740 69 Ave NW, Edmonton, AB T5T 6X3



LEARN

Hand drum and grandfather drum
Drum making and painting of drums
Hand rattles with our Female students

**EVERY WEDNESDAY
AND FRIDAYS
DURING LUNCH HOUR**

Please stay connected with
Mr. Cory Cardinal Jr
for practice times, lessons
and any other questions.

Kapawe'no Muskwak playing in the Alberta Native Provincials 2023

Amazing, we are now ready to go for this year's Alberta Native Hockey Provincials 2023 tournament in Edmonton, Treaty 6 territory from April 6-9th 2023.

Coaches meeting Wednesday, April 5, 2023 @ 6:30pm Kapawe'no Muskwak team hotel. We have successfully registered our three teams which are U9, U11 and U13 teams as Kapawe'no Muskwak.



Coaches and managers of the teams are as follows;

- Under 9 Muskwak
- Jarett Knibb - coach
- Boh Kubrakovich-Kiniw – coach
- Juanita Cloutier – manager
- Under 11 Muskwak
- Cory Cardinal Jr - coach
- Cory Cardinal Sr - coach
- James Neustaeter - coach
- Naomi Sawan - manager
- Under 13 Muskwak
- Darren Martens – coach
- George Halcrow - coach
- Dustin Chalifoux - coach
- Terry Lynn Halcrow - manager



 <p>BAR SUN-THU 6AM-11PM FRI-SAT 6AM-1AM BREAKFAST DAILY</p>	<p>3905 51ST AVENUE PEAVINE INN & SUITES HIGH PRAIRIE ALBERTA CANADA +1 780-523-2398</p>	<p>RESTAURANT SUN-THU 6AM-11PM FRI-SAT 6AM-1AM BREAKFAST DAILY</p>	 <p>• RESTAURANT + BAR •</p>
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U11 continue to keep going no matter the score the fun continues

Enoch, Treaty 6 territory - Well the U11 continue to keep going and no matter the score the fun continues. Another few tough games today against Frog Lake T-Birds and Alexis Bears.

Our Kapawe'no Muskwa continue on the path of development and having pure fun. Great work players, coaches Cory and James manager Naomi and parents. Way to support your children.



For parents, Kokomos / nimosoms check out the player action pics, please scan the QR Code



*Learn the
Nēhiyawak
Way of*

**AFTER SCHOOL
EVERY WDNESDAY**

More information call
KFN School at 780.751.0008
or email admin@kfnschool.ca

**RIBBON
SKIRT
MAKING**

Muskwak hockey teams continue to shine

Edmonton, Treaty 6 Territory and where the office of Treaty 8 territory is located - well it's day two of action here; where all three (U9, U11, U13) of our Kapawe'no Muskwak hockey teams continue to shine, work hard and have loads of fun.

"It's just a game coach".

Tansi - hello

Miyo Kisepayaw - good morning

sákihitowin - To love one another

Moci kihta (mo-ci-kihta) - have fun

It's been amazing to see our players having fun and when we greet them in the hallway, elevators, dressing room and even out for our daily walk and run we are speaking and having interaction in Nēhiyawēwin.

We have amazing players, coaches, managers, parents, admin and our nation



support is truly second to none... amazing keep it up all!

Day two (Friday) Our teams play as follows;

- U11 8:15am VS Frog Lake T-Birds
- U11 12:00pm VS Alexis Bears
- U9 3:00pm VS O'Chiese
- U13 4:15pm VS Loon River Jets
- ALL GAMES
- U9 - CLAREVIEW ARENA 3804 139 AVE
- U11 - RIVER CREE TWIN RINKS 300 LAPTAC Rd
- U13 - CASTLEDOWNS TWIN ARENA 11520 153AVE

SCAN THE CODE
TO WATCH THE VIDEO
ON FACEBOOK



Don Burnstick supports our Kapawe'no Muskwak

Edmonton, Treaty 6 Territory - The Kapawe'no Muskwak continues its stride toward development and excellence. Nēhiyawak comedian Don Burnstick stopped by and spoke to the U13 team prior to their game today.

Nanaskomin Mr Burnstick for your continued support toward Kapawe'no Muskwak hockey and sporting teams.



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Ruby's GAS BAR
On the Sucker Creek First Nation

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Full service: Gas, Diesel,
Propane, and more...

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OPEN DAILY TILL 11PM

Kapawe'no Nēhiyawak Muskwak Juniors continue to unify through the beat of the drum

Kapawe'no First Nation - Our Kapawe'no Nēhiyawak Kiskinahamatowikamik is blessed every morning with the amazing sound of the grandfather drum by our Muskwak Juniors.

Led by Mr Cory Cardinal Jr and the students from grade 2-4, the beat of the drum goes through the entire school to start off the day good and to kick off the Nēhiyawēwin class. Amazing work to our Muskwak Juniors



KAPAWE'NO NĒHIYAWAK COLLEGE

APPLY NOW!

contact us:
admin@kfnschool.ca
(780) 751-0008

LEARNING AND SPEAKING NĒHIYAWĒWIN WITH YOUR CHILD

MAY 9, 2023
TUESDAY
6:00PM START, SNACKS SERVED

LEARN TO SPEAK AND STORY TELL IN NĒHIYAWĒWIN LESSON PLANS DURING SESSION AND TAKE HOME 8 YRS AND OLDER ACCOMPANIED BY PARENT/GUARDIAN/KOKOM/NIMOSOM OUR LOCAL NATION STUDENTS AND KNOWLEDGEEKEEPERS WILL BE ATTENDING

MORE INFORMATION, PLEASE CONTACT BOH
email: admin@kfnschool.ca
phone: (780) 751-0008



Facebook Page: Kapaweno First Nation School



Official Website: www.kfnlearning.com

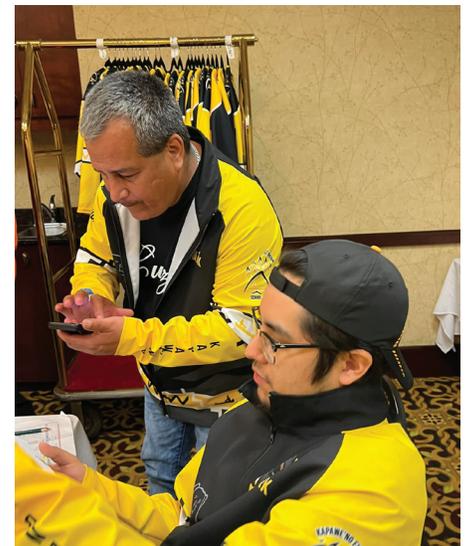


Native Hockey Alberta Provincials



ANHP Schedule 2023

- U9 - CLAREVIEW ARENA 3804 139 AVE
- U11 - RIVER CREE TWIN RINKS 300 LAPTAC Rd
- U13 - CASTLEDOWNS TWIN ARENA 11520 153AVE
- Thursday April 6th 2023
- U9 10:30am VS STL Blues Merlin
- U11 9:15am vs Siksika Winterhawks
- U9 1:45pm VS Peerless Trout
- U.S. 11 2:15pm. VS O'Church
- U13 8:15am. VS Siksika Buffaloes 2
- U13 4:00pm. VS Tsuu Tina Chiefs Black
- Friday April 7th 2023
- U9 3:00pm vs O'Church
- U11 8:15am VS Frog Lake T-Birds
- U11 12:00pm VS Alexis Bears
- U13 4:15pm VS Loon River Jets
- Saturday April 8th 2023
- U9 11:30am VS Stoney Jr. Tomahawks
- U11 TBA, U13 TBA
- Sunday April 9th 2023 TBA PLAY OFFS



Kapawe'no Muskwak U9 pictures of the game vs STL Blues Merlins - Thursday April 6, 2023.



Kapawe'no Muskwak U13 pictures of the game vs Tsuu Tina Chiefs Black - Thursday April 6, 2023



Kapawe'no Muskwak U11 pictures of the game vs Alexis Bears- Friday April 7, 2023



Kapawe'no Muskwak U9 pictures of the game vs Stoney Jr. Tomahawks, Saturday April 8th 2023.



Kapawe'no Muskwa U11 pictures of the game vs Edmonton Sled Dogs and morning action Sunday April 9th, 2023.



BIG SHOUT OUT TO SPORTS CENTRAL - EDMONTON



*to their amazing donations
to our Hockey Academy*



Kapawe'no Muskwak hockey teams continue games with great sportmanship

Our U9 Muskwak played Peerless Trout and had a great game and played really well. All U9 games are not keeping scores. Great sportsmanship.

Our U11 Muskwak had a tough loss against O'Chiese this afternoon making their record 0-2.

After a great win this morning, our U13 Muskwak had a tough loss of their goalie and the game vs Tsuu Tina Chiefs Black.

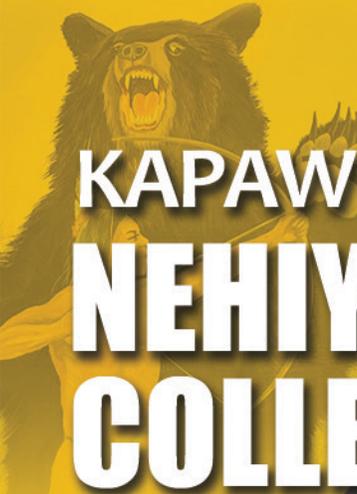




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KAPAWE'NO NEHIYAWAK COLLEGE

COURSES OFFERED

- BUSINESS ADMINISTRATION (DIPLOMA)
- BUSINESS DEVELOPMENT (DIPLOMA)
- LIFE LONG LEARNING ASSISTANT (LEVEL 1 AND 2)
- LIBRARY TECHNICIAN CERTIFICATION (LEVEL 1 AND 2)
- OFFICE ADMINISTRATION (LEVEL 1 AND 2)
- PEACEMAKING (COURTS / LEGAL)
- PEACEKEEPING (POLICING)

**PROFESSIONAL DEVELOPMENT COURSE AND WORKSHOPS OFFERED
(IN PERSON AND VIRTUAL)**

APPLY NOW!

email: admin@kfnschool.ca | phone: (780) 751-0008



KAPAWE'NO FIRST NATION

NATION UNITY SHARING CIRCLE

MAY 2, 2023
TUESDAY, STARTS 6PM, COMMUNITY HALL

Life Long Learning

CHILDREN'S ARTS AND CRAFTS

DOOR PRIZES AND GREAT DISCUSSIONS ON OUR JOURNEY AS A NATION

LATERAL KINDNESS AND SCARED TEACHINGS

KAPAWE'NO NĒHIYAWAK SCHOOL

GUITAR LESSONS

INSTRUCTOR MIKE HALCROW

JOIN US!

EVERY THURSDAY AFTER SCHOOL

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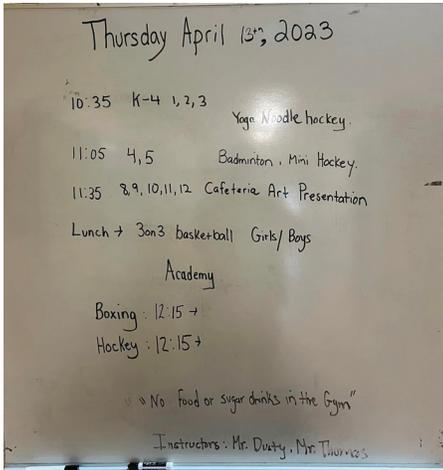
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[kapawenofirstnationschool](https://www.facebook.com/kapawenofirstnationschool)

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Positive steps in physical education at Kapawe'no

Kapawe'no First Nation - Kapawe'no Nēhiyawak Kiskinahamatowikamik continues to work hard to achieve its goals set out in physical education. Mr Brian Thomas, PE Teacher strives for excellence and is working hard with the students, teachers and assistants to assure proper techniques are introduced and practiced at all grades.



JOIN THE DRAMA



CLUB

Every Tuesday to Thursday after school

Please email aaron.courtorielle@kfnschool.ca

KFN School 780.751.0008 or email admin@kfnschool.ca

Open to High School Students
Please sign up with Ms Aaron Courtorielle
Selection of official school year play

Kapawe'no Muskwak hockey makes history by icing three teams for the Native Hockey Alberta Provincials for the first time ever

Edmonton, Treaty 6 Territory - The Kapawe'no First Nation is proud of its development with the KFN School Hockey Academy and its newly formed minor hockey association - Miskwami Mitawiwin (Hockey) Kapawe'no.

"We are extremely proud and here to enjoy ourselves, represent Kapawe'no and showcase what we have been doing in hockey, let's go out and have fun!", said hereditary Chief Syd Halcrow.

The Alberta Native Provincials plays host every year to over one hundred teams who are competing hard and having fun throughout the city while acknowledging the lands of the Nēhiyawak and original peoples. 243 teams have entered within all minor hockey divisions.

The Kapawe'no Muskwak started the morning of day one with some solid action on the ice.



A quick and exciting recap at 8:15am saw our U13 play host to Siksika Buffaloes 2, defeating them by a score of 7-6. Coached by Darren Martens and George Halcrow. Games are played at the Castledowns Twin Arena 11520 153 Ave.

Our U11 competed hard at 9:15am, however fell short in a 11-5 matchup against the Siksika

Winterhawks. Coached by Cory Cardinal Jr and James Neustaeter. Games are played at the River Cree Twin Rinks 300 Laptac Rd Enoch.

Our U9 played hard and managed to sneak a solid action packed, hard skating challenge in against STL Blues Merlins. Coached by Jarett Knibb and Boh Kubrakovich-Kiniw.

Games are played at the Clareview Arena 3804 139 Ave.

Next up later this after;
 U9 1:45pm VS Peerless Trout
 U11 2:15pm. VS O'Chiese
 U13 4:00pm. VS Tsuu Tina Chiefs Black
 Hats off to our players, coaches, managers and parents for the great support. Wow our Muskwak teams look great.





OUR SPORTS ACADEMY

JOIN US!

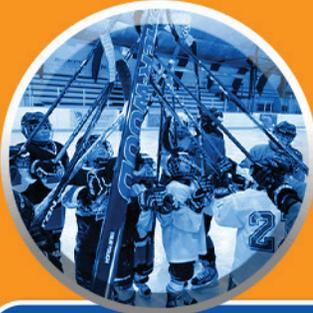


Sports Academy



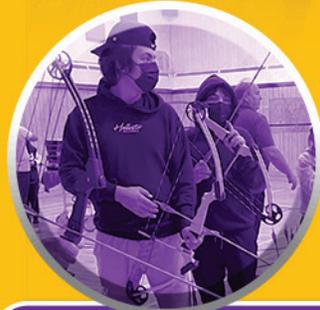
METAWEWIN LACROSSE

WEDNESDAY AND FRIDAY - G2-5 1:15PM



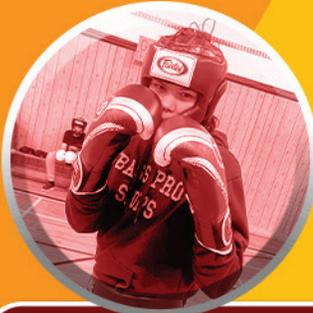
MISKWAMI MITAWIWIN HOCKEY

TUESDAY, THURSDAY PEAVINE 1:15PM



PIMOTATOWIN ARCHERY

MONDAY 2:00PM GRADES 6-12



PAKAMATOH-KEWIN BOXING

TUESDAY TO FRIDAY G6-12 AFTERNOON 1:00PM



BASEBALL

WEDNESDAY AND FRIDAY 2:15PM - G2-5, G6-12



ATHLETICS

MONDAY, WEDNESDAY, FRIDAYS AT 12:15PM



BASKETBALL

WEDNESDAY 4-6PM



GOLF

TUE AND THU AFTERNOON PEAVINE G8-12 1:15PM

Mr. Brian Thomas, Athletic Director



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admin@kfnschool.ca



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