



AHCAHK SPIRIT BEAR MUSKWA

KAPAWE'NO FIRST NATION LIFE LONG LEARNING

MAY 1, 2023 ISSUE

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www.kfnlearning.com



[Kapaweno First Nation School](https://www.facebook.com/KapawenoFirstNationSchool)

Phone: 780.751.0008 | E-mail: admin@kfnschool.ca



Landbase learning continues with the harvesting of wikimasikan

Kapawe'no First Nation - The weather has been great for harvesting medicine giving our Kapawe'no Nêhiyawak School (grade 4-7) students a chance to get out on the land and learn from our Nêhiyawak knowledge keepers.

Our Nêhiyawak Knowledge Keepers Herman Sr and Priscilla Sutherland worked with our students teaching the way of our ancestors.

more on page 5

Kindergarten Age four Instructor Lori Willier says sâkhitowin



Kapawe'no First Nation - We would like to introduce our Kindergarten Age 4 Instructor Lori Willier who has been in education for 20 years. She started out as Educational Assistant and fell in love with working with youth and decided to further her education and become an instructor.

more on page 5

CONGRATULATIONS!
TO ALL STUDENTS
FOR THEIR SCHOOL ACADEMIC
ACHIEVEMENT AWARDS



EVENT PHOTOS ON PAGE 12-13



**KAPAWE'NO
NÊHIYAWAK
SCHOOL**

(780) 751-0008 | admin@kfnschool.ca

REGISTER TODAY FOR 2023 / 24
ACADEMICS AND ATHLETICS
A WINNING COMBINATION



Land base learning includes gun use and gun safety

Kapawe'no First Nation - At Kapawe'no Nēhiyawak School students go back to the land to learn and in every way possible includes gun use and gun safety.

While at the gun range the students practiced gun safety, muzzle control, "always treat a gun as if its loaded" was the teaching and message. The students also had a chance to learn different types of gun, sights, actions. and of course some target practice starting with the small cal .22 up to the classic 30-30. Great work students.



LEARNING AND SPEAKING

NĒHIYAWĒWIN

WITH YOUR CHILD

LEARN TO SPEAK AND STORY TELL IN NĒHIYAWĒWIN
LESSON PLANS DURING SESSION AND TAKE HOME
8 YRS AND OLDER ACCOMPANIED BY PARENT/GUARDIAN/KOKOM/NIMOSOM
OUR LOCAL NATION STUDENTS AND KNOWLEDGEEKEEPERS WILL BE ATTENDING

MORE INFORMATION, PLEASE CONTACT BOH

email: admin@kfnschool.ca

phone: (780) 751-0008



Facebook Page: Kapaweno
First Nation School



Official Website:
www.kfnlearning.com

MAY 9, 2023

TUESDAY

6:00PM START, SNACKS SERVED



Learning off the land is the Nêhiyawak way of life long learning

Kapawe'no First Nation - At Kapawe'no Nêhiyawak School we are achieving excellence with our Land, Air and Water (LAW) program.

Learning for children and young adults "on and from the land" should be integral to understanding the ways of educating students with "on the ground" practices being placed in the forefront of education for First Nation students.

We know that knowledge builds knowledge. Knowledge is the key to reading comprehension. Shared knowledge makes communication possible and enhances the ability of students to learn, to grow, and to come to know.

Knowledge gained through land-based schooling puts the emphasis on teaching and learning at its earliest stage – birth. From birth to age 4-5 children learn Nehiyawak Education. It is only at this later age where they enter the Euro-Canadian K-Grade 12 educational system. From here on it is a parallel education that our children receive with First Nation Education on one side and the Euro-Canadian education on the other. In the end, both gift our children the knowledge, skills, and attributes required for living in today's world.

What is important to understand with our method of teaching is that we are taking control of Nehiyawak Education. We are the stewards who are saying what is taught and how it is taught. No longer reliant on the bindings imposed upon us by a Western European culture that has done far more harm than good, we are recreating our educational programming for the good of our Nations. And we are doing it through traditional means and methods, momentarily lost to us because of colonization and the Residential School



System. At Kapawe'no First Nation School we have experienced a growth of students more than we could have anticipated.

Students from High Prairie, Gift Lake, Sucker Creek, Whitefish Lake, Sturgeon Lake, Lubicon Lake, Bigstone, Little Red River, Loon River, and Woodland are all attending our school. We also have many students from Grouard attending. They are with us because of our method of teaching. We teach the Nêhiyawak way with Nêhiyawêwin and drum every morning, followed by traditional knowledge sharing. Our Elders are involved with the school and our school even has a special Elder's room set up for them.

Our land-based programming called LAW (land, air and water) is not simply an outdoor education program which undermines classroom experience, it is merely classroom

experience taken into the outdoors that builds great knowledge and traditional skills within our Nation's children and youth. Math, Science, Social Studies, Physical Education, English, and Nehiyawewin Language all come alive in an environment that has the dual responsibility of providing students with the knowledge, skills and foundations necessary to thrive in their community as well as in higher education outside of their community.

This responsibility requires teachers and staff to be capable of developing and implementing lessons that support academic excellence and cultural enrichment as well as Nehiyawewin development all at the same time. We have such teachers in place as each staff member was hand picked for the school and gave a full commitment to the mission and vision we have in place.

To date we have participated in numerous initiatives to make our students more aware of their responsibility to ensure no person forgets the real pain caused by residential schooling which continues to this day, or the need to not forget their missing or murdered brothers and sisters. We started our year with Tipi teachings and had students set up and take down tipis on Nation Lands.

Our students have prepared a moose hide to create the grandfather drum from it, have harvested medicines most recently and last year field dressed a moose harvested by one of the students in grade 10. They built a rack, cut and prepared meat for smoking, used every part of the moose as it was traditionally intended and for the past week have enjoyed smoked meat and ribs, dried meat, bone marrow and more.

Welcome to our new Kapawé'no Ice District

Kapawé'no First Nation - We are creative and doing our best with the limited space we have. Wow more synthetic ice for our students to train on.

This will be amazing for our K4 and K&1's Learn to Skate program along with our Hockey Academy students to achieve greatness!

Well done Mr Brian Thomas,
3,2,1... Muskwak forever.
Hiy Hiy!



Scan the QR Code
to watch the video
on facebook





**FIRST NATION
DISTANCE LEARNING
CENTRE**

CALL US TODAY!
(780) 751-0008
email: admin@kfnschool.ca





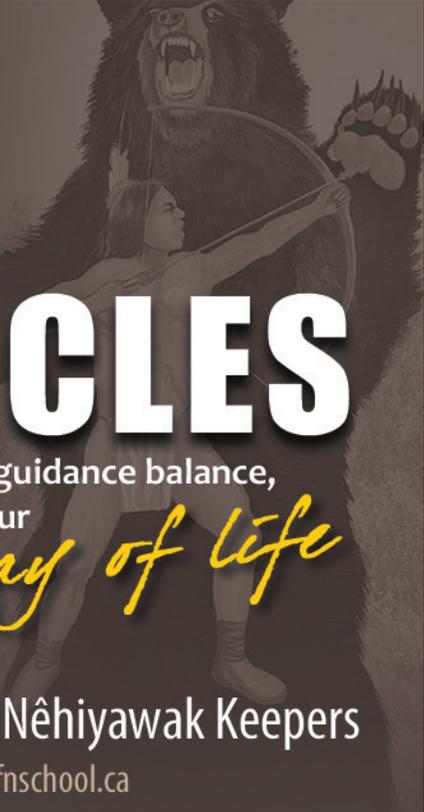
Staff and student sharing circles are conducted during the mornings during the week.

SHARING CIRCLES

Our Kihiw feather is used for guidance balance, truth and solutions through our

Nēhiyawak way of life

For details please discuss with our Nēhiyawak Keepers
Call KFN School at 780.751.0008 or email admin@kfnschool.ca



Landbase learning continues with the harvesting of wikimasikan... *from page 1*

A smudge and prayer was done to begin the offering back to Mother Earth for the harvest of wikimasikan (diamond willow fungus). Students harvested wikimasikan and learnt what the medicines can be used for during the time on the land. The teachings from our knowledge keepers was great and well appreciated for taking our students out on the land to learn and harvest wikimasikan.



Kindergarten Age four Instructor Lori Willier says sâkihitowin... *from page 1*

Lori has spoken passionately about her work with her current age group and how exciting and rewarding it is to see her students engaged and learning. Keep up the amazing work Mrs Lori Willier!



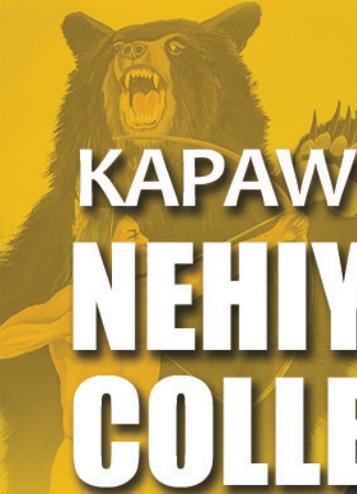
SCAN THE QR CODE
TO WATCH LORI WILLIER'S
PROFILE VIDEO



	<p>BAR SUN-THU 6AM-11PM FRI-SAT 6AM-1AM BREAKFAST DAILY</p>	<p>3905 51ST AVENUE PEAVINE INN & SUITES HIGH PRAIRIE ALBERTA CANADA +1 780-523-2398</p>	<p>RESTAURANT SUN-THU 6AM-11PM FRI-SAT 6AM-1AM BREAKFAST DAILY</p>	
--	---------------------------------------------------------------------------------------	--------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------	--



At Kapawe'no Nēhiyawak School our students care about our Mother Earth. Kapawe'no First Nation - Happy Earth Day is everyday for us! Nanaskomin kise manitow askihk kitatamihin



KAPAWE'NO NEHIYAWAK COLLEGE

COURSES OFFERED

- BUSINESS ADMINISTRATION (DIPLOMA)
- BUSINESS DEVELOPMENT (DIPLOMA)
- LIFE LONG LEARNING ASSISTANT (LEVEL 1 AND 2)
- LIBRARY TECHNICIAN CERTIFICATION (LEVEL 1 AND 2)
- OFFICE ADMINISTRATION (LEVEL 1 AND 2)
- PEACEMAKING (COURTS / LEGAL)
- PEACEKEEPING (POLICING)

PROFESSIONAL DEVELOPMENT COURSE AND WORKSHOPS OFFERED
(IN PERSON AND VIRTUAL)

APPLY NOW!



email: admin@kfnschool.ca | phone: (780) 751-0008

Lacrosse continues as foundation of our Sports Academy

Kapawe'no First Nation - Lacrosse was first introduced when the the Kapawe'no Nēhiyawak School decided to implement a full time Sports Academy.

Now in full bloom as the season kicks off, lacrosse has been taken to new heights for Grades 2-5 (U9, U11). Students have been given great instruction from Mr Brian Thomas, Athletic Director within the Sports Academy to excel in a sport that's part of the bloodline of our Indigenous people and also known as Canada's official summer sport.

Every Wednesday and Friday afternoons students train with a run to start their technical training with the stick and ball. The foundation of the game is to learn how to cradle and run and be able to pass and shoot.

All this is being taught at each session. Great work to our Grade 2-5's.



Ruby's GAS BAR
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Full service: Gas, Diesel,
Propane, and more...

(780) 523-5134

OPEN DAILY TILL 11PM

Kapawe'no Nêhiyawak School Athletics Day Extravaganza

Kapawe'no First Nation - This is a call out to all students at our Kapaweno Nêhiyawak School to participate in our Track and Field Day.

Wednesday May 10th, 2023. Every student is invited to compete from K-4 – grade 12.

We will have boys and girls categories

- Kindergarten to grade 3.
- Junior boys and girls 4-7
- Intermediate boys and girls 7-9
- Senior boys and girls 10-12

Field	Track	Track
Ball Toss	30m	200
Shot put	50m	800
Discuss	60m	Mile
Long jump		

Come one come all, Teachers will be officials, Students will be participants. If students choose not to participate they'll officiate with teachers.

For more information please contact me Thomas at his office or email brian.thomas@kfnschool.ca. Spring is in the air athletics season is here! See you there.



KAPAWE'NO NÊHIYAWAK SCHOOL

KAPAWE'NO

MUSIKWAK

JUNIOR OLYMPICS

Athletics Extravaganza

WE WILL HAVE BOYS AND GIRLS CATEGORIES

- KINDERGARTEN TO GRADE 3
- JUNIOR BOYS AND GIRLS 4-7
- INTERMEDIATE BOYS AND GIRLS 7-9
- SENIOR BOYS AND GIRLS 10-12

COME ONE COME ALL
TEACHERS WILL BE OFFICIALS
STUDENTS WILL BE PARTICIPANTS

IF STUDENTS CHOOSE NOT TO
PARTICIPATE THEY'LL OFFICIATE
WITH TEACHERS

JOIN US!

EVENTS

▶ BALL TOSS ▶ DISCUSS

▶ SHOT PUT ▶ LONG JUMP

For more information,
please contact Thomas at
brian.thomas@kfnschool.ca
or call (780) 751-0008

kflearning.com

Sports Academy Awards being handed out to students for their participation and continued greatness

Kapawe'no First Nation - We will be having awards for our Kapawe'no Nēhiyawak School Sports Academy on Tuesday May 2nd at 9:30 after Cree class.

Also for the ones who weren't here for the academic school achievement awards on Friday. Our prestigious certificates for the month of March are:

Most Dedicated

An athlete who spends their weekends on the land and facilities practicing for excellence. They come to practice early and the last ones to leave. And most importantly, their team always comes first. Muskwak forever!

Most Sportsmanlike

An athlete who leads the way and is always cheering their teammates on and bringing up morale, even in the most challenging and toughest situations. Muskwak forever!

Most Improved

An athlete who begins and ends by improving daily. They reach their highs limited that they can achieve. They are very coachable and build on the talks from the coaches. They continue to take flight and achieve greatness from their first moment to their last.

MUSKWAK FOREVER!



Bria Cloutier-Knibb wins Shinning Light Award for Kindness at St. Andrews School



Kapawe'no First Nation - Kapawe'no First Nation Life Long Learning would like to congratulate Bria Cloutier-Knibb for receiving the K-2 Shining Light for Kindness award. Bria attends St Andrews School in High Praire.

Last weekend in Edmonton, Bria attended her first Alberta Native Provincials with our Kapawe'no Muskwak U9. She is a first year player, she worked hard and did amazing.

Excellent work Bria your Nation and KFN Life Long Learning is very proud of you, academics and athletics is key keep working hard!

Gym time focuses on having fun with hand and eye coordination drills

Kapawé'no First Nation - At Kapawé'no Nêhiyawak School focuses on having fun at all grades while developing all students and preparing them for strong athletics.

We are very fortunate that we have Mr Thomas and a very structured Athletic program and Sports Academy.

Students at all levels are learning hand and eye coordination through structured drills while having a lot of fun. Keep up the great work and keep having fun!



Nêhiyawêwin advances development with Animation

Kapawé'no First Nation - Currently the IT and Design department with our Kapawé'no Nêhiyawak School is working on finding a suitable program and app to start producing quality videos, art and animation.

We have been learning all we can on the basics of animation through blender and unreal Engine tutorials. We are also awaiting the new computers and tech to come in which we are extremely excited about!

Written / blogged by Kyle Calahesin, FNDLC and IT/Design department



Kapawe'no Nehiyawak Kiskinahamâtowikamik

Ayiki Pisim (Frog Moon) | Nistanew Newsap | sko Nistanaw Ayinanewosap (April 24-28, 2023)

- Tansi - hello
- Namoya nantow (manan tow) - I am fine
- Ekwa Kiya - And you
- Namoyah nantow nista - I am fine too
- Tansi Kitsikason (Kit sik ason)- What is your name
- [Your Name] Nitsikason (Nit sik ason) - [Name] is my name
- Tanti ochi Kiya - Where are you from
- [Place] niya ochi - I am from (place) eg. Kapawe'no ochi niya
- Ninohtetotan wawewkamikoh (Nin ohte to tan waya wew kamik)-I need to go to the washroom (outhouse)
- Ninohte minikweyan (nin ohte minihkwan) - I need a drink

Nehiyawewin Words of the Week

- Itamacihowina - feelings
- Kamotso - sad
- Miwihtam - happy
- Kaskitam - lonely
- Nanaskomo - thankful
- Koskwitam - surprised
- Cikitam - excited
- Kihsiwaso - angry
- Mitatam - regret
- Nohtisin - exhausted
- Pakwatam - dislike

Nehiyawewin sport words of the week

- Pakahatowan - Baseball



- Pakahatowan (paka hat to wahn) - baseball
- Watihkan (wa tih kan) - dugout
- Astotin (ah stoo tin) - helmet
- Pakahatowanahatik (paka hato wan ahatik) - bat

- Pakahtowan (pakah to wan) - ball
- Oyasiwew (ooh ya sawew) - umpire
- Okiskinwahamakew (oh kiskin waha mah kew) - coach
- Siwepinamowiw (Si we pina mow iw) - pitch
- Nawatinew (nah wah tee knee) - catch
- Pakamaham (paka ma ham) - hit
- Pihmosiniw (Pih mo sin iw) - throw
- Otamaha (oh tah maha piyak, niso, nisto) - strike (1,2,3)
- Wayawiw (why ya weew) - strike out
- Pimohtew (pim ooh tew) - walk



Ekosi maka - until next time
 Miyo kiskansihk kakiyaw - have a nice day everyone



KAPAWE'NO
NĒHIYAWAK COLLEGE

APPLY NOW!

contact us:
 admin@kfnschool.ca
 (780) 751-0008





Sports Central and Kapawe'no Nēhiyawak School a winning combination

Edmonton, Treaty 6 - Our Kapawe'no Nēhiyawak School have been very fortunate for the support Edmonton Sports Central gives the students and the Sports Academy.

The motto for such service by Sports Central has been "Equipment for kids in need since 1991" continues.

We are very grateful for such support given toward our students and sports academy", said Mr Boh Kubrakovich, Superintendent - KFN Schools. Thumbs up to Ms Janna Tominuk who is from the Peace River area; knowing our Nation and territory well.



MISKWAMI MITAWIWIN HOCKEY ACADEMY



PEAVINE ARENA
TUESDAY/THURSDAY @ 1:15PM

JOIN US!

Jersey day part of brining out the spirt at Kapawe'no Nêhiyawak School

Kapawe'no First Nation - Spirit days are very important at Kapawe'no Nêhiyawak School. The jersey day was in full spirit. Students and teachers participated in this very spirited day.

Winning this year's spirit day for most jerseys was Ms Amy and Flo's Grade 2&3 class along with Mr Jordan's Grade 6&7 class came in very close.

We thank all the students, teachers, staff and classes for their amazing participation.



Spring is here and it's time to run and play ball

Kapawe'no First Nation - Three solid practices in the books, we can safely say our students have been out standing thus far; they have hit, run, and have been catching within our baseball sessions.

The dedication and drive is there. Based on the rich history in this area regarding baseball it is important to field a team that will represent the school in the proper way.

Come one come all we want to see the nation come out and support our teams. See you all on the diamond for the upcoming 2023 season. "Let's play ball"



Visiting Vimy Ridge and St Edmunds Sports Academy expands network

Edmonton, Treaty 6 - The Kapawe'no Nēhiyawak School Administration and Sports Academy spent time visiting and studying the prestigious and well known Vimy Ridge and St Edmund schools.

They felt that the visit great and well needed to see what the lesson learnt and stride made by both to achieve greatness.

Both schools are known for their academics and sports combining for a winning tradition. The academics and athletics are top notch in both schools and focus is primarily given to the balance of both.

The academics run deep like our programming at Kapawe'no Nēhiyawak School. What we needed to know is what sets them apart with other schools and how do they strive with the sports academy while achieving



the hours needed by Alberta Education. Very similar to our program which we credit our administration, sports academy and amazing

teachers and EAs for their solid strive for academics and athletics making sure there is the balance for our students.

Philosophy on preparation for upcoming season in sport using plyometric, bounding and running

Kapawe'no First Nation - Mr Brian Thomas has been with us for a few months and his philosophy of preparing for the high level is beginning to set in.

As a former world class long jumper Mr Thomas emphasis and concentration is on plyometric, bounding and running. Over his years of experience all sport is based in these three principals.

Running: To get from point A to point B fast and efficient without any wasted motion. Example head back, clench teeth and flagging arms takes away from the speed you're trying to generate.

Plyometric: Is hopping, bounding and

drop jumps in the form of plyometric, which enhances your physical endurance. Bounding: Helps increase you're running and

explosive muscle in your body, enabling the athlete to perform at peak physical output.

The three discipline together will generate high performance athletes. Here at Kapaweno Nēhiyawak School athletes will be introduced to this type of training and recovery techniques. His objective is to produce high performance multi-sport male and female athletes at Kapawe'no Nēhiyawak School.



Learn the Nēhiyawak Way of

RIBBON SKIRT MAKING

AFTER SCHOOL EVERY WDNESDAY

More information call
KFN School at 780.751.0008
or email admin@kfnschool.ca

Land base learning continues with the making of survival bracelets

Kapawe'no First Nation - At Kapawe'no Nēhiyawak School students are going back to the land and learning all about it.

The foundation of land base is survival. Our LAW instructor Tala Williams spent a morning with them teaching and showing the students how to braid a custom survival bracelets so you always have 10ft of strong rope for whenever you might need it. Great work students!



LEARN

Hand drum and grandfather drum
Drum making and painting of drums
Hand rattles with our Female students

**EVERY WEDNESDAY
AND FRIDAYS
DURING LUNCH HOUR**

Please stay connected with
Mr. Cory Cardinal Jr
for practice times, lessons
and any other questions.

Students experience art during LAW class



Kapawe'no First Nation - The Kapawe'no Nēhiyawak School has implemented a class that's focuses on survival, learning and now creative art. The Land Air Water (LAW) class gives students the foundation they require to learn and survive on the land with now a bonus teaching of creative art.

Students learnt how to be creative with items harvested from the land. Tala Williams, LAW Instructor demonstrates to the students and teachers how to prepare a wolf skull after harvesting a wolf.

The students were surprised on the technique and how creative one can be when it comes to such art.



Academics and athletics a balance with the grade 2 and 3 class

Kapawe'no First Nation - Tansi! For those that don't know me my name is Amy Mills. I'm the Grade 2/3 teacher for the 2022/2033 school year. I graduated from the University of Alberta on June 6th, 2000. I took a specialization in Elementary Education with a minor in Social Studies.

So I've been teaching for 23 years. I started in London, England for my first three years. I wanted to see the world and work at the same time. Then I came back to Canada and have been in First Nation education since. Most of my time was with Sturgeon Lake School on Sturgeon Lake Cree Nation.

In our class we have an Educational Assistant named Florence Murdoch. We have been teaching partners since September 2020. On November 6th, 2022 Flo received her Level 2 Educational Assistant from Kapawe'no College. This was something she has wanted to do since she was in High School. So, currently right now she is living her dream.

When Mr. Kubrakovich approached us about



our class joining the Sports Academy we both felt that this would be an awesome experience for our class. It was not mandatory and students had a choice, and most of them chose to be a part of it. The main sports we participate in are: hockey, lacrosse and baseball. They have grown and progressed so much this year. Another thing we focus on is being good leaders and showing peers a good example.

Our mornings are mainly focused on teaching and learning our academics. Every student in

the class has made progress and seen growth from the beginning until now. Some of the technology programs we work with are IXL Math and English. As well as, Kids A to Z which focuses on reading and comprehension. However, at the end of the day our goal is to make sure every child feels secure and welcome in the classroom.

If you need to contact me please call the school or my cell number which is (780)-524-0235. Amy Mills and Florence Murdoch
Email; amy.mills@kfnschool.ca

JOIN THE DRAMA



CLUB

Every Tuesday to Thursday after school

Please email aaron.courtorielle@kfnschool.ca
KFN School 780.751.0008 or email admin@kfnschool.ca

Open to High School Students
Please sign up with Ms Aaron Courtorielle
Selection of official school year play

Blogging the rewards of a new Education Assistant by Mr Ivan McKenzie

Kapawe'no First Nation - Life as a new EA in Kapawe'no First Nation School has been interesting and very rewarding.

The best part that I enjoy the most is working with the students to explore their creative sides. Walking a class down to the road and helping the students with cameras to find an object and try to find a perspective that makes the object look unique. Helping a student with their collages and making special and unique fonts for their names.

I would go through fonts that I had on my computer and the students would pick out the font that they like. I would have the students to select the colour or colours



that they wanted and print them out for their collage. Even when I am working on computers or on a different project,

students would come up to me and ask me what I am doing. I would tell them what I am doing and expand the conversation into ideas on how to think of a subject in a different light.

I would show how a simple finger drawing on the computer and change and manipulate to make the image look completely different with vibrant colours and designs. I know that there is a lot of challenges and development in this school. I can wait to help grow and expand this school and encourage the student to see beyond the horizon.

Mr Ivan McKenzie
mckenzie.ivan@kfnschool.ca



Staff and student sharing circles are conducted during the mornings during the week.

SHARING CIRCLES

Our Kihiw feather is used for guidance, balance, truth and solutions through our

Nēhiyawak way of life

For details please discuss with our Nēhiyawak Keepers

Call KFN School at 780.751.0008 or email admin@kfnschool.ca

**Coming up on Thursday
 May 4, 2023
 Dinner and Traditional
 Games
 at Kapawe'no Hall**

Get your ticket today for \$50
 Limited seats available.

Call Jarrett at 780-523-8578
 for more information.

**DINNER & TRADITIONAL
 GAMES**
Kapawe'no Hall

*12+ Everyone welcome Limited seats. You
 can buy tickets @ Band Hall or From
 Jarrett Knibb. \$50 A Ticket For Plate*

04TH	KAPAWE'NO FIRST	5:00
MAY	NATION	PM

KAPAWE'NO FIRST NATION

NATION UNITY SHARING CIRCLE

MAY 2, 2023
 TUESDAY, STARTS 6PM, COMMUNITY HALL

Life Long Learning

CHILDREN'S ARTS AND CRAFTS

DOOR PRIZES AND GREAT DISCUSSIONS ON OUR JOURNEY AS A NATION

LATERAL KINDNESS AND SCARED TEACHINGS

Dry meat making part of sovereignty and food class

Kapawe'no First Nation - In our sovereign foods class, students learned how to prepare a dry rub seasoning mix from scratch from basic spices. How to properly slice the prepared meat against the grain so that it is easier to chew.

Filled up the different styles of smokers and finish off with using a dehydrator for mass production so that the whole school could sample there tasty treats. Elk, moose and goose dry meats were amazing. Great work to our LAW program and students.





KAPAWE'NO NĒHIYAWAK SCHOOL

GUITAR LESSONS

INSTRUCTOR
MIKE HALCROW

JOIN US!



www.kfnschool.ca

EVERY THURSDAY
AFTER SCHOOL

✉ admin@kfnschool.ca

📘 kapawenofirstnationschool

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ATHLETICS & SPORTS ACADEMY

JOIN US!

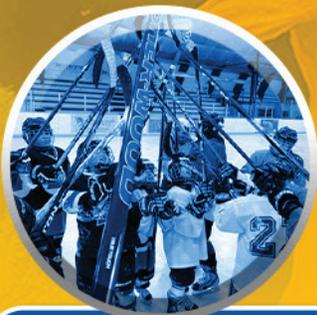


Sports Academy



PAKAMAPISK-WEWIN GOLF

TUE AND THU AFTERNOON PEAVINE G8-12 1:15PM



MISKWAMI MITAWIWIN HOCKEY

TUESDAY, THURSDAY PEAVINE 1:15PM



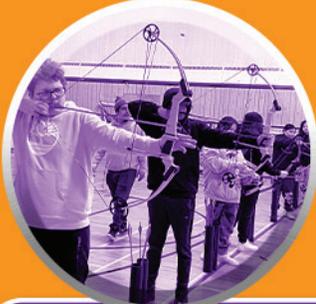
METAWEWIN LACROSSE

WEDNESDAY AND FRIDAY - G2-5 1:15PM



METAWIW KISIKAW TRACK & FIELD

MONDAY, WEDNESDAY, FRIDAYS AT 12:15PM



PIMOTATOWIN ARCHERY

MONDAY 2:00PM GRADES 6-12



PAKAHATOWAN BASEBALL

WEDNESDAY AND FRIDAY 2:15PM - G2-5, G6-12



MUSKIMUT PAKAHTOWAN BASKETBALL

WEDNESDAY 4-6PM



PAKAMATOH-KEWIN BOXING

TUESDAY TO FRIDAY G6-12 AFTERNOON 1:00PM

Mr. Brian Thomas, Athletic Director



kfnlearning.com

admin@kfnschool.ca

kapawenofirstnationschool

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