



# AHCAHK MUSKWA

SPIRIT BEAR

KAPAWE'NO FIRST NATION COLLEGIATE

MARCH 15<sup>TH</sup>, 2025 ISSUE

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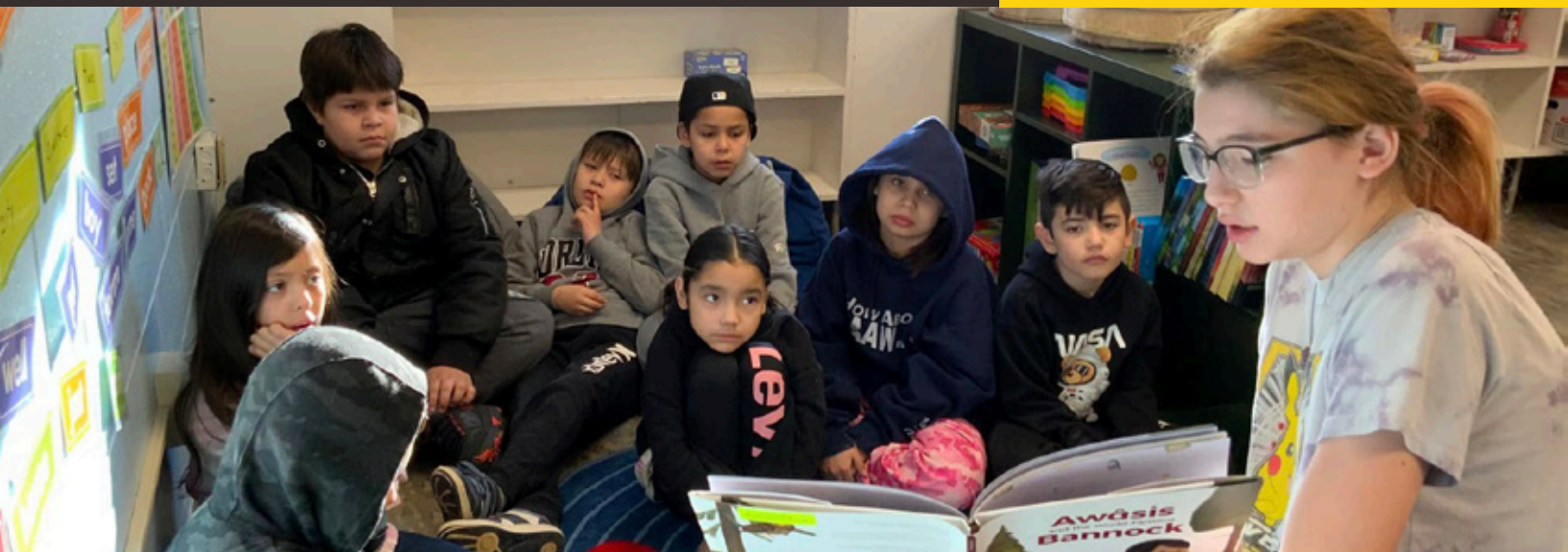


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Kapawe'no First Nation Collegiate

Phone: 780.751.0008 | E-mail: [admin@kfncollegiate.ca](mailto:admin@kfncollegiate.ca)



## KFN Collegiate Nehiyawak Reading Program Sets Its Sights on Literacy and Nation Building

Kapawe'no First Nation - Kapawe'no Nêhiyawak School has launched the Nehiyawak Reading Program. This great initiative aims to enhance reading skills among younger students by pairing them with older peers or in group settings in nêhiyawêwin. This provides older students with an opportunity to excel while building confidence in both reading and public speaking.

The program began today with Mr. Cory Cardinal's Grade 3 class. Notably, Buffalo Bay Academy Grade 9 student Steven Plaska participates as a reading ambassador.

*more on page 3*

### Building Strong Foundations:

### KFN Collegiate's Focus on Numeracy and Literacy

Kapawe'no First Nation - At KFN Collegiate, particularly at Kapawe'no Nehiyawak School we are enhancing numeracy and literacy skills is crucial for students' education and life success. In Ms. Tomkins' grades 5 and 6 class, numeracy learning involves more than arithmetic, as students learn to understand numbers deeply by manipulating multi-digit whole numbers, fractions, percentages, and decimals, all connected to real-world contexts.



*more on page 3*



## KAPAWE'NO FIRST NATION CONSULTATION

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Michelle Knibb, ICRCC Manager and KFN Liaison





## WHO WE ARE

Under the Kapawe'no First Nation Lifelong Learning, the Kapawe'no First Nation Collegiate comprises four pillar schools, is accredited both in western studies and Nêhiyawak Pimachihowin (way of life). Our programs specialize in Nêhiyawewin (Cree Language) Isihcikewin (to know for yourself) arts, sciences, music, sports and Nêhiyawak studies. With state-of-the-art technology, we build upon the technological advances of Kapawe'no Nêhiyawak School (K-7), Buffalo Bay Academy (8-12), First Nation Virtual Learning Centre (FNVLC) and Kapawe'no Kaskitayanih (Ka Skih Tah Ya Nih) (Outreach/Adult Learning).

## LOCATION

Nestled within the ancestral lands of the Kapawe'no First Nation, the First Nation Collegiate stands alongside Buffalo Bay connecting the waters of the Lesser Slave Lake 29 km away from High Prairie and along side the Hamlet of Grouard.

## KNOWLEDGE EVER INCREASING

Mission: To enrich learning rooted in Knowledge Ever Increasing blending ancestral Iyiniisiwin with academics.

Vision: Fostering a learning environment with ancestral Iyiniisiwin and contemporary knowledge to face and shape tomorrow's challenges.

## LIFE LONG LEARNING PHILOSOPHY

"Knowledge Ever Increasing" philosophy embodies the harmonious blend of Kapawe'no Nêhiyawak Pimachihowin and modern pedagogy.

We extend by incorporating our 7 Sacred Grandmother / Grandfather teachings, Elders Knowledge Council involvement and use Lateral Kindness with enriching the academic environment with collaborative and wisdom-based learning.

Our 7 Sacred Grandmother / Grandfather teachings are; Sakihitowin (Love), Manacihitowin (respect), Sohkitewin (Courage), Kwayaskitawin (Honesty), Iyiniisiwin (Wisdom) Tapahteyimisowin (Humility) and Tapwewin (Truth)

## INNOVATIVE CURRICULUM ELEMENTS

Iyiniisiwin Circles: Interactive dialogue sessions where students, educators, and Elders share knowledge.  
Nehiyawak Exchange Program: An extension of cultural, athletics and Pimachihowin exchange initiative, now at the collegiate level.

## UNIQUE FEATURES

Interdisciplinary Programs: Melding traditional knowledge and modern subjects for a well-rounded education.

Research Opportunities: Working in sync with our schools, we offer research initiatives that allow students to delve into their ancestral knowledge.

Partnerships: Leveraging relations with local businesses and organizations for internships and job placements.

## GOVERNANCE

Functioning under the Kapawe'no First Nation's Hereditary Chief Sydney L Halcrow and Lifetime Councillor Debbie Chalifoux and Councillor Pam Halcrow, we share governance principles under Lifelong Learning in the Nation, ensuring alignment and maintaining our own distinctive role in higher learning.

## FLEXIBLE LEARNING

Building upon the four-day school week implemented at our schools, the curriculum includes interactive virtual sessions, enabling students to pursue independent research projects or participate in local support services.

## CURRICULUM

Fully accredited, our courses meet the academic standards for higher education, while our unique Nêhiyawak / Indigenous studies program complements the curricula offered.



## SCHOOLS

We have four pillar schools under our First Nation Collegiate which are:

### THE FOLLOWING SCHOOLS ARE:

- Kapawe'no Nêhiyawak School - K-7 (KNS)
- Buffalo Bay Academy - 8-12 (Sakamoostos Wasaw)
- First Nation Virtual Learning Centre (FNVLC) (Kaskapatew Pekiskwewin)
- Innovative Learning for Diverse Student Needs (Kapawe'no Kaskitayanih)

## ADMISSIONS

Admission processes are holistic, considering applicants' academic and cultural contributions. They are also in line with the open and inclusive admissions policy at Kapawe'no First Nation Collegiate.



## CALL US TODAY

**(780) 751-0008**

E-mail: [admin@kfnccollegiate.ca](mailto:admin@kfnccollegiate.ca)  
Website: [www.kfnccollegiate.ca](http://www.kfnccollegiate.ca)

Alberta Education School Number S.2351





## ***Nehiyawak Reading Program Sets Its Sights on Literacy and Nation Building*** from page 1

Students like Steven meet regularly, both individually and in groups, to promote literacy and mentorship.

By connecting different grade levels, the program seeks to improve reading skills while fostering community and cooperation among students. Teachers and participants are enthusiastic about its potential impact on student development and learning. The ultimate goal of the program is to launch the book series “Kikskititan,” which features the teachings of the Seven Sacred Grandmothers and Grandfathers.

As part of the literacy and numeracy plan, the next steps include forming collaborative partnerships with nation citizens and families. Once the books are launched, events such as literacy nights and family reading programs will be organized.



These activities aim to actively engage families in their children's learning, promoting a literacy-rich environment at home.

## ***Building Strong Foundations: KFN Collegiate's Focus on Numeracy and Literacy*** from page 1

Students engage in real problem solving both on the land and in the learning teepee at times, tackling challenges that enhance their thinking and creativity. By interpreting data, they cultivate critical analysis skills, essential for informed decision making.

KFN Collegiate also emphasizes literacy through activities in reading, writing, speaking, and listening. The curriculum aims to boost comprehension, vocabulary, and grammar. Writing tasks focus on improving coherence, language accuracy, and blending creativity with critical thinking. This supportive learning atmosphere empowers students with essential skills.



**KAPAEWENO FIRST NATION WELLNESS CENTRE**  
**YOUTH PROGRAMS**

Phone 780-751-3085 | Email: Kara.supernault@kapaweno.ca | Kara Supernault, Coordinator





## Grade 5/6 Students at Kapawe'no Nehiyawak School Sing Waniska Morning Song during Nêhiyawêwin Isihcikewin

Kapawe'no First Nation — Ms. Sam Tomkins' Grade 5/6 class sings the Waniska Sunrise morning song during the Nêhiyawêwin Isihcikewin online session.

The song begins with "waniska pewapan oma," which means "Wake up! The sun is coming." Students then sing, "asay piyesisak ki-nikamowak," meaning "The birds are already singing." The final line is "pe-miyonakwan kitaskinaw," which translates to "How beautiful this land of ours is."

This song connects students to nehiyawak pimachimowin and the natural world, allowing them to start their day with a positive focus.



# LEARNING AND SPEAKING NÊHIYAWÊWIN

More information, please contact Boh  
email: [admin@kfncollegiate.ca](mailto:admin@kfncollegiate.ca)  
phone: (780) 751-0008



# Ms. Linda Gladue's Commitment to Student Learning Continues at Kapawe'no Nehiyawak School

Kapawe'no First Nation – Ms. Linda Gladue continues to focus on student learning through the nêhiyawêwin learning circle and the use of song. There has been significant advancement from Mrs Jackie Halcrow's Grade 1/2 class at Kapawe'no Nehiyawak School.

Great work, Ms. Gladue! The students really sakahitowin (love) your efforts and appreciate how you help them learn. Your dedication is making a positive impact in their lifelong learning.

SCAN THE QR CODE TO WATCH  
THE VIDEO ON FACEBOOK



## Expanding Language Programming at Kapawe'no Nehiyawak School: Integrating Nehiyawawein and French

Kapawe'no First Nation – Tansi! Bonjour! At Kapawe'no Nehiyawak School we integrate nêhiyawawein, our cree language, alongside with a new French language program. The school recently introduced French classes, led by Ms. April Adamson, who is also the Grade 12 homeroom teacher at Buffalo Bay Academy. The French program targets Grade K-3 students, focusing on foundational phonetics, especially vowel sounds.

"So far the students have done an amazing job learning how to pronounce the vowel sounds. I am focusing on phonetics to provide students with a solid foundation as we learn to speak and read French words", said Ms Adamson.



By using the Calgary Board of Education French Immersion Curriculum, the school ensures a consistent approach to learning French, as applied across turtle island (Canada). These efforts in teaching French add to the existing language initiatives, supporting language diversity and skill development among students. This approach strengthens both traditional and new language acquisition, contributing to a well-rounded education.

KFN Collegiate's commitment assures students grow in diverse linguistic abilities and real lifelong learning which is accredited and supported by Hereditary Chief Sydney L Halcrow, Lifetime Councillor Debbie Chalifoux and Lifetime Councillor Pamala Halcrow.



**KAPAWE'NO FIRST NATION LIFELONG LEARNING  
CITIZEN PROGRAMS AND SERVICES**

Tel: (780) 751-3800 | Email: [Carla.Halcrow@kapaweno.ca](mailto:Carla.Halcrow@kapaweno.ca) | Portfolio Councillor Debbie Chalifoux - Carla Halcrow, Manager





# NEHIYAWEWIN *Sacred* TEACHINGS LAWS



## ◀ SAKIHITOWIN

Kihew tahkonam ekwa kimikonaw sakihitowin kisnawmakonow tanisi ta isi miyo pimachiyah, tanihsoh kamakoyah kihmamtonikanaw ekwa miyo otinikewin ekwa sakihitowin

(Love) - Eagle carries and gives us the gift of love, teaches us how to make a good life, to help us think good and to show others respect and love.

## ◀ MANACIHITOWIN ▶

Sakawmostos tahkonam ekwa kimikonaw manachitowin tamanaohiyakwaw ki totimnawahk kispin kintawitin ekosi ti sih kanawapimkawiwin maka kispin ki miyininan ka miytotahson ekwa ka maytotin kitaskiy

Respect - Buffalo carries and gives us the gift of respect, to respect others so that they see you respect them. If you do harm and only do good for yourself, you harm yourself and our land.



## ◀ SOHKITEHEWIN

Muskwa tahkonam ekwa kimikonaw sohkitechewin kimikonow tanisi ti sih nipowistamahk oma kikwiw ka kostamahk

Courage - Bear carries and gives us the gift of courage, shows us how to stand up in the face of fear and be brave.

## ◀ KWAYASKITATSOWIN ▶

Mistapew tahkonam ekwa kimikonaw kwayaskitatsowin - ki kisnaw mako sinaw tanisi ti sih nisoka mahsoyah kwasyask ti sah yah yahk ekwa kayas okih kitotimnawahk kapisih pimachitowaw

Honesty - Sasquatch carries and gives us the gift of honesty, teaches us how to stand up respectfully and be considerate. It also teaches us how well our ancestors lived and survived.



## ◀ IYINISIWIN

Amisk tahkonam ekwa kimikonaw Iyinihiwin - kisnawmakosinaw oma katotamahk kikwiw kiksikinaw manachitowin ekwa niso kamahotwin ihm i ya sihkikha ta miywiciwat kichi ayisiniw

Wisdom - Beaver carries and gives us the gift of wisdom, teaches us the way we understand how to love and helps us learn how we relate to others.

## ◀ TAPAHTHEYIMISOWIN ▶

Mahikan tahkonam ekwa kimikonaw tapahtheyimisowin ispayo ka miyo totawat ayisiniw kwayask ki pimatisinaw kakiyaw

Humility - Wolf carries and gives us the gift of humility, it goes to show us to treat others well and to live good with everyone.



## ◀ TAPWEWIN

Miskinahk tahkonam ekwa kimikonaw tapwewin ispayo maka tah kam atoskatamihk pohko tapwewin piyahitk ipihpihk maka ki miyo wahpah thikosinaw kikwiw kawi ispahyihk pahpiyahitk

Truth - Turtle carries and gives us the gift of truth, it takes work and patience to gain truth but the truth lives only if we let things happen slowly.

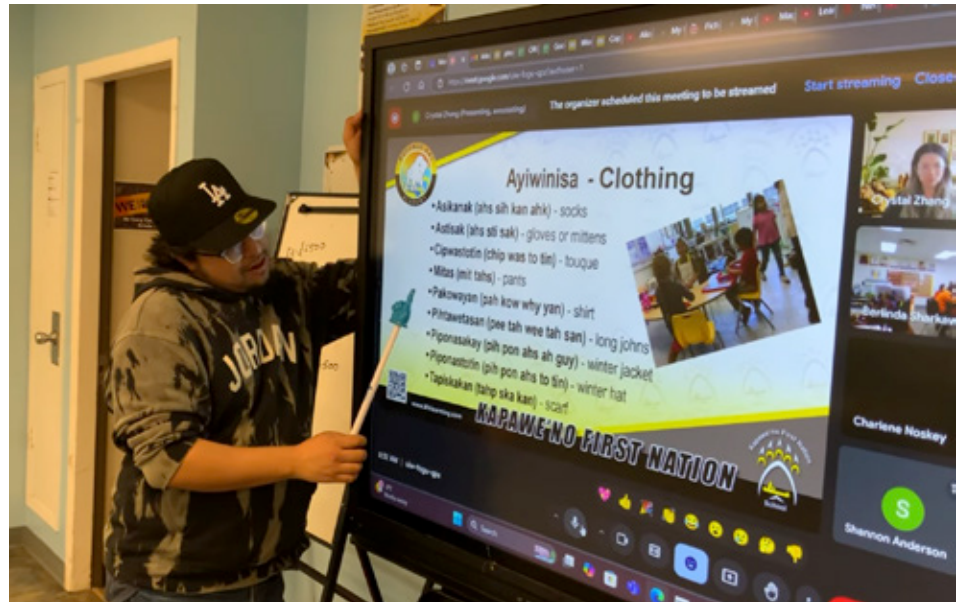




# Learning Continues Through Nêhiyawêwin Isihcikêwin

Kapawe'no First Nation – Our nêhiyawêwin (Cree) language is a very special and loving language for our Kapawe'no Nehiyawak School for many reasons. It is truly amazing we are bringing our nêhiyawêwin to the fore front of lifelong learning. We incorporate our nêhiyawêwin with english everyday with our students – Isihcikewin (to know for yourself).

Anoch (today), pon a ya mihew kisikaw (monday) niski pisim nisto (March 3) during our nehiyawewin isihcikewin, the Grade 3 class students learnt ayiwinisa (clothing) vocabulary by Mr Cory Cardinal. Mr. Cardinal uses the effective 'repeat after me' technique to engage students actively.



- Asikanak (ahs sih kan ahk) – socks
- Astisak (ahs sti sak) – gloves or mittens
- Cipwastotin (chip was to tin) – touque
- Mitas (mit tahs) – pants
- Pakowayan (pah kow why yan) – shirt
- Pihtawetasan (pee tah wee tah san) – long johns
- Piponasakay (pih pon ahs ah guy) – winter jacket
- Piponastotin (pih pon ahs to tin) – winter hat
- Tapiskakan (tahp ska kan) – scarf



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THE VIDEO ON FACEBOOK



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ENTER THROUGH THE SIDE DOOR OF THE SCHOOL

### CHECK OUT THE GREAT COOKING FROM OUR STAFF!



## Nêhiyawak Reading Program Continues with Reading Buddy Session at Kapawe'no Nehiyawak School

Kapawe'no First Nation – The Kapawe'no Nehiyawak School continued its vibrant Nehiyawak Reading Program today, hosting a captivating reading buddy session. Led by Grade 6/7 teacher Ms. Christine Cardinal and Grade 1/2 teacher Mrs. Jackie Halcrow, the program paired our older and younger students to help with reading skills and foster inter-grade connections.

The classrooms was alive with excitement as older students assumed the ambassador role, assisting younger students with story comprehension and word recognition. This mutual engagement significantly boosted the younger students' reading abilities while providing essential leadership opportunities to the older students.

Greatness continues with the program introducing the nêhiyawêwin series 'Kikskititan,' which goes into the teachings of the Seven Sacred Grandmothers and Grandfathers, a series crafted by our nêhiyawêwin keepers.



## Swimming program used for healing muscles and recovery

Kapawe'no Fiest Nation – Our swimming program comes to an end we started in September and we wrap things up in March.

This unique part of our sports academy gives a chance for the student to heal the muscles they have been using during the week. In skating, hockey, volleyball, basketball and dry land training at our ice district.





## DAILY LIFE AND LIFELONG LEARNING AT KFN COLLEGIATE:

# Embracing Nêhiyêwak Pimâchimowin through Nêhiyawêwin Isihcikêwin

Kapawe'no First Nation – At KFN Collegiate and its schools, students participate in an early morning session focused on daily life as nêhiyêwak. Nêhiyawêwin Isihcikêwin emphasizes on all aspects of pimâchimowin (lifestyle).

With our statement of “kiskêyhtamowin wîhkâc yahki (Knowledge ever increasing), the program highlights the importance of nêhiyêwak perspectives and involvement in lifelong learning content. This approach has encouraged students at KFN Collegiate and its schools to engage with their heritage, language actively, fostering a sense of pride and identity. These early morning (8:15am) sessions not only enhance nêhiyawêwin skills but also promote cultural understanding and community values among learners. Through



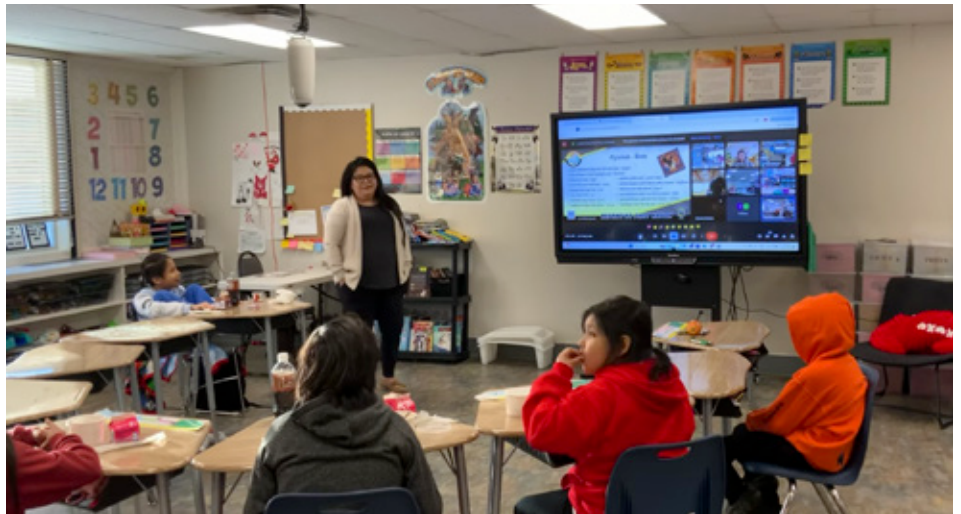
participation in the morning activities, students are empowered to share their experiences and continue the tradition of their ancestors. This sets the tone and enhances nêhiyawêwin conversations students have

throughout the day. Absolute greatness! For more information about the program and its offerings, visit the KFN Collegiate website at: <https://kfncollegiate.ca/nêhiyawawin/>

## Revitalizing Language through Nêhiyawêwin Isihcikêwin Morning Sessions

Kapawe'no First Nation – Kapawe'no Nêhiyawak School continues to make strides through our innovative nêhiyawêwin isihcikêwin morning virtual session. The program focuses on “repeat after me” exercises and conversation practice in nêhiyawêwin, our Cree language.

Under the guidance of Mrs. Berlinda Sharkawi, the Grade 4 teacher, and aided by Ms. Linda, nêhiyawêwin Keeper, the program immerses students in a learning environment. Recent lessons have concentrated on “piyisak” (birds), bringing the classroom alive with knowledge and language skills.



### Highlighted birds (piyisak) in the curriculum include:

- |                            |                              |                           |
|----------------------------|------------------------------|---------------------------|
| – Apisci kahkakis – Magpie | – Oho – Owl                  | – Omimiw – Pigeon         |
| – Cahcahkayow – Blackbird  | – Kehkehk – Falcon           | – Onocayikowiw – Hawk     |
| – Kihew – Eagle            | – Kwikwisiw – Bluejay        | – Pahkahahkwan – Chicken  |
| – Kahkakiw – Raven         | – Mikisiw – Golden Eagle     | – Kaskitesip – Black Duck |
| – Kakako – Crow            | – Okiskimanasiw – Kingfisher |                           |



SCAN THE QR CODE TO WATCH  
THE VIDEO ON FACEBOOK



# Kapawe'no Nehiyawak School Continues Equipment Fitting for First Time Hockey Players

Kapawe'no First Nation – The Kapawe'no Nehiyawak School continued its vibrant Nehiyawak Reading Program today, hosting a captivating reading buddy session. Led by Grade 6/7 teacher Ms. Christine Cardinal and Grade 1/2 teacher Mrs. Jackie Halcrow, the program paired our older and younger students to help with reading skills and foster inter-grade connections.

The classrooms was alive with excitement as older students assumed the ambassador role, assisting younger students with story comprehension and word recognition. This mutual engagement significantly boosted the younger students' reading abilities while providing essential leadership opportunities to the older students. Greatness continues with the program introducing the nêhiyawêwin series 'Kikskititan,' which goes into the teachings of the Seven Sacred Grandmothers and Grandfathers, a series crafted by our nêhiyawêwin keepers.



## LEARN

HAND DRUM AND  
GRANDFATHER DRUM

DRUM MAKING AND  
PAINTING OF DRUMS

HAND RATTLES WITH OUR  
FEMALE STUDENTS



## JOIN US!

For inquiries, please contact:  
(780) 751-0008  
admin@kfncollegiate.ca



# KFN Collegiate Honours Partners in Nation Building and Lifelong Learning

Kapawe'no First Nation – KFN Collegiate is dedicated to building a strong nationhood by encouraging lifelong learning through key partnerships. The KFN Collegiate values the significant role that Kapawe'no First Nation Alice Halcrow Healing Centre – Health Services and the Wellness Society & Centre plays in achieving these goals.

Today, KFN Collegiate presented medallions to two important people: Marcella Schnurr, Health Manager, and Jarrett Knibb, Wellness Manager. Marcella is known for being a strong advocate of lifelong learning, providing support and programs for both citizens and students, always willing to lend a hand.

Meanwhile, Jarrett Knibb as a parent and managing the Wellness Centre he loves his nation and contributes to the school's sports and hockey academies.

During the ceremony, the Kapawe'no Nehiyawak School Muskwak Jr from Kapawe'no Nehiyawak



School performed two special songs, including an honour song and the Muskwak Spirit song. These performances highlighted the strong relationship between the organizations and their joint dedication to nation building and lifelong learning.

## KFN Collegiate Athletics Update – Yoga Stretching

Kapawe'no First Nation – KFN Collegiate has added yoga stretching to its daily physical education routine with its' schools. This yoga stretching program helps reduce muscle tension for students active in sports. Initially, students were unsure about this addition, but they soon realized it aided muscle recovery and flexibility.

Mr. Brian Thomas and Mr. Rod Sutherland lead the students through these routines, helping them gain the full benefits of yoga.



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# KFN Collegiate Athletics Update – Hockey

Kapawé'no First Nation – You heard it first from us, our KFN Collegiate Athletic Director Mr Brian Thomas and his assistant Rod Sutherland continue to keep our students active with skill development and disciplining athletes.

## Mini Hockey with Kapawé'no Nehiyawak School

The kindergarten students enjoyed mini hockey and got into the flow of the game right away. They enjoyed passing and especially scoring. The most important aspect was the love of the game. While slowly introducing the mechanics of the sport. Holding the stick correctly and passing correctly.



## Floor Hockey with Kapawé'no Nehiyawak School

The grade 5/6 loved the competitive game

of floor hockey. The girls and boys played a spirited game against each other. Their knowledge of the game has improved greatly.

The passing and shooting has helped many of our ice hockey student athletes improve on the ice.







## JOIN THE MUSKWAK HOCKEY PROGRAM TODAY!

ACADEMICS AND ATHLETICS A WINNING BALANCE

More information and to register go to [www.kfncollegiate.ca](http://www.kfncollegiate.ca)



## KFN Collegiate and High Prairie Redwings Team Up for 2025 Playoffs

Kapawe'no First Nation – KFN Collegiate has teamed up with the High Prairie Redwings for the 2025 NJHL playoffs, creating a winning combination for the home team fans and our students. Currently, the Lac La Biche Lakers lead the series 2-1, winning both their home games.

Game 1: The Redwings faced a tough challenge, losing in overtime 4-3 to the Lakers in Lac La Biche.

Game 2: Rayden Perkins had a standout performance with one goal and three assists, leading the Redwings to a 5-3 victory over the Lakers in Peavine. Congratulations to Rayden for an impressive contribution to the team's success.

The game 2 was filled with excitement at Peavine, as the Muskwak Juniors kicked things off with two grandfather drum songs. Nick, a Grade 1 student, and Reid, a Grade 3 student, proudly skated onto the ice with the Nation flag and Kapawe'no Nehiyawak School flag. During intermission, our Muskwak U11 team entertained the crowd with a quick hockey game.

Game 3: The Lakers took Game 3, breaking the



tie in the series. The 4-2 win with an empty goal gives the Lakers an advantage in the series, both teams continue to put up a strong fight.

We look forward to seeing more thrilling moments and a hockey spirit as the series progresses. Go Redwings and Muskwak Go!







# KAPAWE'NO COLLEGIATE FIRST NATION



## KAPAWE'NO NEHIYAWAK SCHOOL K-7

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FIRST NATION COLLEGIATE CAMPUS

SAKAMOOSTOS WASAW

## BUFFALO BAY ACADEMY

GRADE 8-12



ARTS | MUSIC  
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*Knowledge ever increasing  
kiskêyih tamowin wîhkâc yahki*

[www.kfncollegiate.ca](http://www.kfncollegiate.ca)



## KASKAPATEW PEKISKWEWIN SMOKE SIGNALS



KAPAWE'NO  
**KASKIHTAYANIH**  
INNOVATIVE LEARNING  
FOR DIVERSE STUDENT NEEDS



FOR MORE INFORMATION, PLEASE CONTACT US AT KFN SCHOOL:

**Email: [admin@kfncollegiate.ca](mailto:admin@kfncollegiate.ca) | Phone: (780) 751-0008**

 Kapawe'no First Nation Collegiate

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# A Journey of Growth While Moving Toward Lifelong Learning – kiskêyhtamowin wîhkâc yahki (*Knowledge Ever Increasing*)

Kapawé'no First Nation — At KFN Collegiate, we believe that nêhiyawak lifelong learning enhances balance for our students. The mainstream colonial education systems have often went away from pimâchimowin and nêhiyawêwin. It's not just the educators, but an entire system failing to fully grasp our learning needs.

Late Senator Justice Murray Sinclair once said, "Education is what got us into this mess, and it is education that will get us out of it." This serves as a powerful reminder that while colonial education has caused a lot of harm, it also possesses the potential for healing, especially when combined with our land, air, water, fire, and traditional knowledge. This is the path to greatness!

Our grandmothers embody the heart of teaching, restoring our identities through their iyinisiwin (wisdom). This is crucial as we create a lifelong learning system that truly reflects our pimâchimowin, the core of our way of life. By embracing our ceremonies, pipes, and lodges, we lay down a foundation rooted in manacihitowin (respect) and authenticity.

At KFN Collegiate, we believe in the ability of our teachers, staff, students and parents to establish a solid groundwork for sovereign thinking. The idea of sovereignty is being reignited within us and across our nations.



"By embracing our ceremonies, pipes, and lodges, we lay down a foundation rooted in manacihitowin (respect) and authenticity."



Since foreign crown regulations disrupted our nêhiyawak pimâchimowin in 1876, embracing sovereignty today means diving into our ancestral strength rather than conforming to outside control. Empowered by our leadership; Hereditary Chief Sydney L Halcrow, Lifetime Councillor Debbie Chalifoux, and Lifetime Councillor Pamala Halcrow, we clear a path toward greatness. kiskêyhtamowin wîhkâc yahki (Knowledge ever increasing)

kaskapatew pekiskwewin  
kinanaskomin hiy hiy

**Boh Kubrakovich-Kiniw**  
Superintendent, KFN Collegiate

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## ARTS MUSIC SPORTS & LAW

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Our commitment to holistic education extends beyond the classroom, preparing our students for a fulfilling and balanced life enriched by arts, music, sports, and a deep connection to the land.

kiskêyih tamowin  
wîhkâc yahki

Knowledge Ever Increasing.



BUFFALO BAY ACADEMY IS OPEN FOR  
**GRADES 8-12**

For more information please contact:

[admin@kfncollegiate.ca](mailto:admin@kfncollegiate.ca) ■ (780) 751-0008



# KFN Collegiate Archery Academy taking flight

Kapawe'no First Nation – The KFN Collegiate Archery Academy shooting has started since before Christmas and the students are excited to participate in the instruction under our instructors lead by Mr Brian Thomas, Mr. Cory Cardinal, and Mr. George Halcrow who are getting the students to learn the correct technique in order to compete and use the learning tools of bow and arrows for potential future sustenance.

Students go thru the paces on wednesday and Mondays and Friday mornings during 'OK' Fridays. These practices with the Archery Academy will be taking flight with the Provincial Archery Championships March 20-22, 2025 in Edmonton at the Expo Centre.



## LIFELONG LEARNING JOURNEY: Excelling Across the Core Subjects

Kapawe'no First Nation – Our Grade 7 students at Buffalo Bay Academy have been making great progress in several key areas of their learning under the guidance of Ms Christine Cardinal and Ms Shannon Anderson. They have been focusing on strengthening their reading comprehension skills, using engaging activities and discussions to help them better understand and connect with different texts.

In math, students are successfully working through the JUMP Math program, building confidence in their problem-solving skills and deepening their understanding of key mathematical concepts. Regular practice and guided instruction have helped them improve their accuracy and fluency.

To enhance their language skills, students continue to practice their spelling through weekly spelling tests and interactive exercises that reinforce correct word usage and pronunciation. Both Nêhiyawêwin and English are used.



In health, students are exploring important life skills that promote overall well-being. Topics such as nutrition and personal hygiene are being discussed to help them develop healthy habits that will benefit them in the long run.

In science, they have recently introduced

the study of plants. Hands-on activities and discussions are helping them engage with the material in meaningful ways.

Overall, our Grade 7 class is making steady progress across subjects, and we continue to encourage their growth through interactive and supportive learning experiences.



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# JUNIOR HIGH SCHOOL LIFELONG LEARNING JOURNEY: Resilience and Perseverance on the Pathway to Greatness

Kapawe'no First Nation – At Buffalo Bay Academy, our Grade 8/9 class led by Ms. Charlene Noskey and Ms. Leila Cunningham, demonstrates resilience while navigating the challenges of lifelong learning. In ELA, students have been working on developing their essay-writing skills. They are learning how to structure their ideas effectively, support their arguments with evidence, and refine their writing through the editing process.

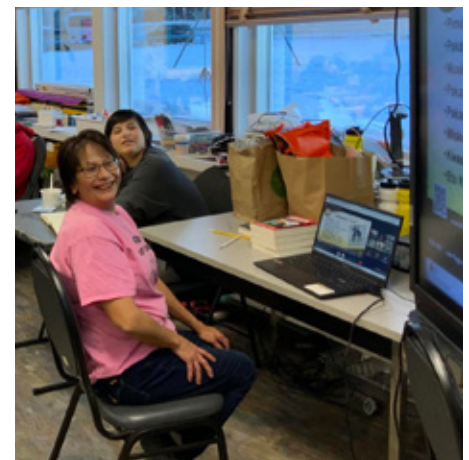
In social studies, students are exploring Canadian history in the early 1800s, with a strong emphasis on Indigenous perspectives and contributions. Through this, they are gaining a more comprehensive understanding of historical events and their lasting impact on Canada today.

In science, students have started an exciting new unit on mechanical systems. They are beginning to explore how machines work, the principles of force and motion, and real-world applications of mechanical concepts.

Additionally, Osâwâpiskâw Asapap (The Golden Thread), a class led by Mr. Boh



Kubrakovich-Kiniw, students are exploring the history of our ancestors and important historical documents from The Doctrine of Discovery to Canada's Supreme Court Ruling and First Nation Sovereignty – and next steps. Through discussions and analysis, they are developing a deeper understanding of these significant topics by reading, writing and presenting their findings and thoughts. Overall, our Grade 8/9 students continue to show curiosity and growth across all core subjects, and we are excited to see their progress in the coming weeks and beyond!



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# HIGH SCHOOL LIFELONG LEARNING JOURNEY:

## Balancing Responsibilities of Ms. Sherry's Dual Role at Buffalo Bay Academy

Kapawe'no First Nation – Ms. Sherry Bellegarde balances her Principal duties at Buffalo Bay Academy, while managing and overseeing high school courses.

### Social Studies 20-2 Classroom Update

Our Social Studies 20-2 students have been actively engaged in exploring nationalism, its influences, and its complexities. Below is an overview of the key topics covered in recent lessons:

#### Chapter 1: Nation and Identity

- Concepts of Nation: Students examined how different elements—such as language, ethnicity, culture, religion, geography, and politics—contribute to a sense of nationhood.
- Patriotism and National Identity: The class discussed various ways people express patriotism and their sense of belonging, using historical and contemporary examples.
- Canadian Identity: Students analyzed the historical and cultural influences that shape Canada's national identity, considering different perspectives on what it means to be Canadian.

#### Chapter 2: Shaping Nationalism

- Factors that Shape Nationalism: The class explored how historical, social, economic, geographic, and political factors influence nationalism.
- The French Revolution: A key focus was the shift from absolute monarchy to a republic, emphasizing how changing ideas about governance reshaped national identity.
- Symbols of Nationalism: Students examined the storming of the Bastille as a defining moment in French history and its role in shaping French national identity.
- Challenges to National Myths: Discussions centered around how national myths evolve, particularly in the Canadian context, and how different cultural groups have contributed to Canada's identity.

#### Chapter 3: Reconciling Nationalist Loyalties

- Contending Loyalties: Students explored the challenges of navigating competing nationalist loyalties and how individuals and groups balance these identities.



- Affirming Nationalist Loyalties: The class examined how people express and preserve cultural and national identities, such as the reclamation of Indigenous place names.
- Quebec and Sovereignty: Students studied the ongoing debate about Quebec's role within Canada, analyzing different perspectives on sovereignty and federalism.

Through discussions, activities, and analysis, students are developing a deeper understanding of how nationalism shapes societies and individuals. Their engagement and critical thinking continue to strengthen as they explore these significant themes. We are excited to

move onto Chapter 4 in our textbooks!

In Social 20-4, Student Mya has been actively exploring various Canadian symbols, analyzing their significance and impact on national identity. She has conducted research on a range of symbols, delving into their historical and cultural meanings. Additionally, she has shared her findings, demonstrating an understanding of how these symbols contribute to Canadian heritage and identity.

Mya has taken on the responsibility of cleaning and maintaining the sensory room, demonstrating initiative and care for shared spaces. She has also begun learning how to sew, starting with foundational stitches and applying them creatively in an art project that incorporated various techniques. Additionally, she has selected a pattern to create a sewn dog and is now working collaboratively to determine the best stitches to bring her creation to life. Her enthusiasm and creativity in this new skill are evident as she continues to develop her sewing abilities.





MR. BOH KUBRAKOVICH-KINIW'S PROGRAM, OSÂWÂPISKÂW ASAPAP (THE GOLDEN THREAD)

# Providing Holistic Perspective of Our History and Sovereignty

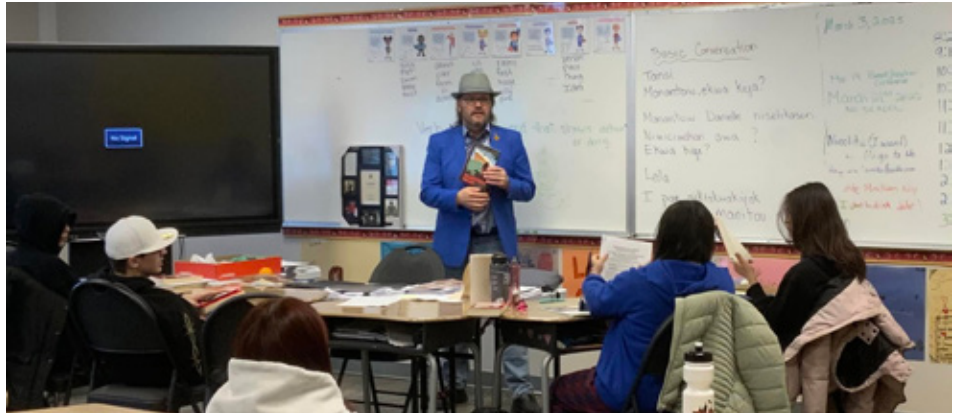
Kapawé'no First Nation – Through Mr. Boh Kubrakovich-Kiniw's program, Osâwâpiskâw ASAPAP (The Golden Thread) Grade 8/9 students at Buffalo Bay Academy immerse themselves in key historical documents and events, including The Doctrine of Discovery and Canada's Supreme Court Ruling on First Nation Sovereignty. They engage in reading, writing, circles and presentations, enriching their comprehension of these important events and topics.

"Everything you ever wanted to know about Sovereignty, governance, and treaties...and were afraid to ask", said Rarihokwats.

This collaborative learning experience, crafted alongside Mrs. Charlene Noskey and Ms. Sherry Bellegarde, probes the intricacies of sovereignty, governance, and treaties both oral and written and pre crown and now current. Osâwâpiskâw ASAPAP sheds light on the ongoing impact on First Nation-settler relations in Canada, allowing students to scrutinize historical narratives, interpretations, and implications critically.

"Canada's Tragedy in 4 Acts – The Day Before Treaty – The Day of Treaty – Days Well After the Treaty And Now Tomorrow!"

Incorporating the 7 Sacred Grandmother and Grandfather Teachings along with Kapawé'no



First Nation Codes/Laws, the modules provide a holistic perspective. They lay the foundation for understanding, nurturing informed dialogue, and envisioning the path forward in future relations and developments.

LEARN MORE ABOUT  
**OSÂWÂPISKÂW  
ASAPAP**  
(THE GOLDEN THREAD)



SCAN THE CODE

In memory of our great friend Rarihokwats and along with Senator Sol Sanderson. In partnership with Mrs. Charlene Noskey, Grade 8 & 9 Teacher and Ms. Sherry Bellegarde, BBA Principal.



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Email: [health@kapaweno.ca](mailto:health@kapaweno.ca)  
Portfolio Councillor Pam Halcrow  
Marcella Schnurr, Health Manager





## HIGH SCHOOL LIFELONG LEARNING JOURNEY:

# Exploring Complexity and Advances

Kapawe'no First Nation – Students at Buffalo Bay Academy in Mr Joe Kavanagh Biology 30 are working through the Nervous System, learning how our 5 senses detect information, pass it to the brain, and create a response. We will be moving to the endocrine system soon! In Math 30-1, students have been doing some heavy algebra learning how to divide polynomials up to the 5th degree!

This leads to 2 very important Theorems in mathematics – the Remainder Theorem and the Factor theorem – which help to further their understanding of polynomials.

As for Science 24, students have been studying about the difference between chemistry today and the chemistry of 100 years ago. We are discussing advances in science in the realms of sovereign foods / farming, clothing and cleaning products!





# GUITAR LESSONS

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# HIGH SCHOOL LIFELONG LEARNING JOURNEY: Embracing Growth and Engagement

Kapawe'no First Nation – At Buffalo Bay Academy Grade 10 program, under the guidance of Ms. April Adamson, is experiencing remarkable growth. The number of students are steadily increasing and they remain fully engaged in their lifelong learning journey.

In Science 14 they recently completed a project where students had to evaluate ways in which the school wastes energy, students first researched properties of energy efficient buildings before going around the school looking for ways to reduce energy loss. Some ideas that students had were, installing solar panels, using natural light in classrooms, keeping the front and back doors shut and only heating interior facing rooms that are actively being used. Students enjoyed getting to apply what they've been learning to real world scenarios.

In Social studies class students have been developing their literacy skills, we start each class by having students share current events that are going on in the nation, in Alberta and the world in general. Each class students complete and receive feedback on a writing assignment with the goal of familiarizing them with writing long form responses and essays. We have seen improvements in the quality of multiple students writing since the start of the term.

In French class we have recently completed our first unit which covers greetings and goodbyes and we are currently studying activity for sports and games. Learning a new language is very difficult, and most of the students taking French have little or no previous experience with the language. We would like to recognize Evonie and May in particular for their consistency and dedication, keep up the great work!



in discussion and sharing activities, we are currently talking about what healthy relationships look like, we want to recognize the students who have shared personal stories during discussions as hearing multiple perspectives is very valuable for creating

understanding. It can be difficult to talk about yourself or your experiences in a group, so we want to highlight my CALM students for showing courage and humility during their discussions.





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